

# **NHS England Tier 4 Children and Adolescent Mental Health Services (CAMHS)**

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## **Presentation for the Surrey Wellbeing and Health Scrutiny Board**

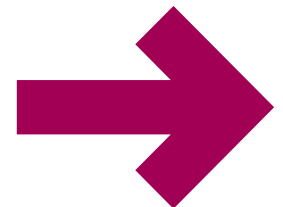
7<sup>th</sup> January 2016



# Specialised Mental Health Commissioning- Context

- **NHS England** is responsible for the direct commissioning of 147 specialised health services for the whole population of England, spending nearly £13.8 billion
- **Specialised Mental Health** NHS England commissions specialised services with a budget of £1.3 billion, or 10% of the NHS's total spend

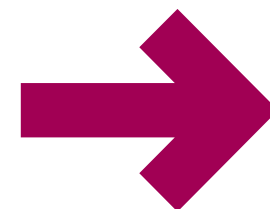
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# Specialised Mental Health

- 1 Forensic Mental Health- High Secure, Medium Secure and Low Secure
- 2 Tier 4 CAMHS- Generic and Specialised
- 3 Tier 4 Eating Disorders
- 4 Perinatal
- 5 Gender Reassignment
- 6 T4 Personality Disorder
- 7 T4 Deaf Services
- 8 Specialised Services, eg Body Dysmorphic Image / Obsessive Compulsive Disorder

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# What are Tier 4 CAMHS Services?

- Specialised services for the assessment and treatment of severe and complex mental health disorders in children and young people.

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Complexity and severity of presentations determines the need for the provision of specialised care.

- Designed to meet the needs of children and young people where these cannot be met by the care delivered as part of community-based care, includes both inpatient services and some highly specialised outpatient care, including but not limited to-
  - Services for children/young people with gender dysphoria;
  - CAMHS for children and young people who are deaf;
  - Highly specialised autistic spectrum disorder (ASD) services;
  - Highly specialised obsessive compulsive disorder services.

# April 2013- Single Commissioner -NHS England- for all Tier 4 CAMHS

## Issues Emerged

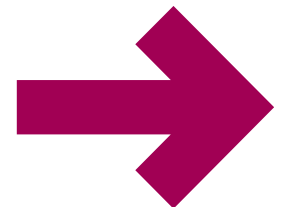
- Quality concerns
- Impact of long distance travel for some children and young people
- Variable levels of support at Tier 3 impacting on demand for Tier 4
- Poor environmental standards in some services
- Disparity in input from education services to CAMHS Tier 4 services
- Inequity in service provision across the country
- The NHS England National Specialised Commissioning Oversight Group (SCOG) commissioned a report published July 2014. <http://www.england.nhs.uk/2014/07/10/camhs-report/>



# Implications of the Report

- The report addressed the immediate issues identified with Tier 4 inpatient services
- Recognised that further work was required to address other issues relating to the provision of CAMHS services, to include-
  - The interaction with Tier 3 CAMHS services commissioned by CCGs and Local Authority Children's Services, which also support children and young people with mental health needs.

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# NHS England Actions- 2014

- Increased inpatient capacity
- CAMHS Clinical Case Managers appointed - working across the country
- National Assessment Framework- Improved the admission and discharge process for specialised care; using consistent criteria based on best practice
- CAMHS Case Manager Database and a National Bed State Database established
- Weekly National CAMHS Teleconferences
- Strategic review of CAMHS services, outlined in the 2016/17 Commissioning Intentions

# NHS England Commissioning Intentions 2016/2017 for Prescribed Specialised Services

## Future in Mind

- Improve access for children and young people to specialist evidence-based **community CAMHS eating disorder services**
- Develop an access and waiting time standard
- Improve access / Mother experiencing Perinatal Illness

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## Transforming Care (Post Winterbourne View)

- Develop and implement models of care- all ages with learning disabilities, Autism Spectrum Disorder, with additional mental health needs, and/or behaviour that challenges
- Care and Treatment Reviews
- The implications for Tier 4 CAMHS and adult secure care will mean greatly reduced reliance on inpatient care

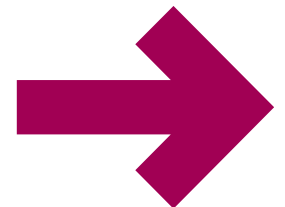
## Strategic Service Review (Forensic and CAMHS)

- Project Team established to commence the procurement
- Commission-against nationally agreed Standards, Equity of Access, Value for money
- Provider Engagement Event



# Collaborative Commissioning

- **NHS England are committed to ensuring the commissioning of specialised services sits at the most appropriate level to secure the best health outcomes -i.e. national, local or a combination of both**



# Principles Driving Collaborative Commissioning

**To improve pathway integrity for patients** – Help ensure that specialised care is not commissioned independently from the rest

**To enable better allocation or investment decisions** – Giving CCGs and their partners ability to invest in upstream or more effective services

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**To move towards population accountability** – To lay the groundwork for 'place based' or population budgets and clearer accountability

**To improve financial incentives over the longer term** – Avoiding specialised care where appropriate and reducing unwarranted variation

**To ensure providers can effectively be held to account** – Ensuring clearer links between service commissioners, referrers and providers

**To focus NHS England on services that are truly specialised** – Helping improve focus and the quality of specialised commissioning

